

Try to stick the schedule below over 31 days to slowly get yourself into the routine of preparing for the 11+ exams. Pushing too hard too soon results in burn-out, but a little a day will go a long way!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day 1 Mental Maths: 10 Minutes	Day 2 Spelling Work: 10 Minutes	Day 3 Read a Book: 10 Minutes	Day 4 Break: Full Evening	Day 5 Mental Maths: 15 Minutes	Day 6 Spelling Work: 15 Minutes	Day 7 Read a Book: 15 Minutes
Day 8 Break: Full Evening	Day 9 Mental Maths: 20 Minutes	Day 10 Spelling Work: 20 Minutes	Day 11 Read a Book: 20 Minutes	Day 12 Break: Full Evening	Day 13 Mental Maths: 30 Minutes	Day 14 Spelling Work: 30 Minutes
Day 15 Read a Book: 30 Minutes	Day 16 Break: Full Evening	Day 17 Mental Maths: 35 Minutes	Day 18 Spelling Work: 35 Minutes	Day 19 Read a Book: 35 Minutes	Day 20 Break: Full Evening	Day 21 Mental Maths: 40 Minutes
Day 22 Spelling Work: 40 Minutes	Day 23 Read a Book: 40 Minutes	Day 24 Break: Full Evening	Day 25 Mental Maths: 45 Minutes	Day 26 Spelling Work: 45 Minutes	Day 27 Read a Book: 45 Minutes	Day 28 Break: Full Evening
Day 29 Mental Maths: 50 Minutes	Day 30 Spelling Work: 50 Minutes	Day 31 Read a Book: 50 Minutes				